



Telford & Wrekin
C O U N C I L

Addenbrooke House Ironmasters Way Telford TF3 4NT

HEALTH & WELLBEING BOARD

Date **Thursday, 26 September 2019** Time **2.00 pm**
Venue **Meeting Rooms G3/G4, Addenbrooke House, Ironmasters Way, Telford, TF3 4NT**

Enquiries Regarding this Agenda

Democratic Services	Josef Galkowski	01952 388356
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<u>Committee Membership:</u>	Cllr A J Burford (Chair)	Cabinet Member for Health & Social Care, TWC
	Cllr R C Evans	Cabinet Member for Customer Services, Partnerships, Culture & Leisure, TWC
	Cllr S A W Reynolds	Cabinet Member for Children, Young People & Education, TWC
	Cllr H Rhodes	Cabinet Member for Parks, Green Spaces & The Natural Environment, TWC
	Cllr K T Tomlinson	Liberal Democrat / Independent Group, TWC
	Cllr I T W Fletcher	Conservative Group, TWC
	Cllr P Watling	Labour Group, TWC
	J Leahy	Telford & Wrekin CCG
	B Parnaby	Healthwatch, Telford & Wrekin
	D Evans	Telford & Wrekin CCG
	C Jones	Director of Children's & Adults Services, TWC
	L Noakes	Director of Public Health, TWC
	S Dillon	Assistant Director: Early Help & Support, TWC
	R Woods	NHS England (North Midlands - Shropshire & Staffordshire)
	P Moxley	Community Safety Partnership
	M Harris	Sustainable Transformation Plan
	C Hart	Voluntary Sector Representative

AGENDA

10.	Update on Mental Health Strategy - including 0-25 emotional health and wellbeing service and support for survivors of Child Sexual Exploitation / Abuse (CSE/CSA); and Update on Suicide Prevention	<u>Page</u> 3 - 10
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TELFORD & WREKIN COUNCIL HEALTH & WELLBEING BOARD

DATE: 26 September 2019

REPORT TITLE: Mental Health Update including Suicide Prevention

REPORT OF :

**Steph Wain, Telford & Wrekin Council,
Frances Sutherland, NHS Telford & Wrekin CCG,
Cathy Davis, NHS Shropshire CCG,
Helen Onions, Telford & Wrekin Council**

LEAD CABINET MEMBER – Cllr Burford and Cllr S Reynolds

PART A) – SUMMARY REPORT

1. SUMMARY OF MAIN PROPOSALS

This report provides an update of the work being undertaken across Telford and Wrekin to improve and support the mental health of local residents.

The following report is therefore divided into two sections:-

- Update on Mental Health Strategy – including 0-25 emotional health and wellbeing service and support for survivors of Child Sexual Exploitation / Abuse (CSE/CSA).
- Update on Suicide Prevention

2. RECOMMENDATIONS (AND TO WHOM ACTIONS APPLY eg CCG, Council)

To note the updates provided on both programmes of work.

3. IMPACT OF ACTION - (How it is intended that action will make a difference)

All actions described within the report are intended to have a positive impact on those who have or who are at risk of having a poor emotional health, mental health problems, or at risk of suicide.

4. SUMMARY IMPACT ASSESSMENT

COMMUNITY IMPACT	Do these proposals contribute to a specific HWB Priority	
	Yes	<i>Improving Mental Health</i>
	Do these proposals contribute to specific Co-Operative Council priority objective(s)?	
	Yes	<p>Telford & Wrekin Council's Plan to: :</p> <ul style="list-style-type: none"> • Protect and support our vulnerable children and adults • Improve the health and wellbeing of our communities and address health inequalities. <p>This supports the delivery of the Health and Wellbeing Board priority of Emotional Health and Wellbeing</p>
	Will the proposals impact on specific groups of people?	
Yes	<p>The proposals within the strategy will impact on people within the Borough of Telford & Wrekin who have mental health issues or at risk of developing mental health issues.</p> <p>This will include children and adults.</p>	
TARGET COMPLETION/DELIVERY DATE	Various targets / milestones contained within the plans.	
FINANCIAL/VALUE FOR MONEY IMPACT	Yes/No	<p>For the Council, the actions detailed in this report are expected to be delivered and outcomes achieved from resources approved in the Council's budget strategy.</p> <p>Not all the initiatives in this report have recurrent funding e.g. Mental Health Hubs were funded for the first time in 2017/18 from one off resources, and still do not have ongoing funding and this issue is part of ongoing discussions with the CCG.</p> <p>Where further initiatives under the strategy ensue the expectation is that these will be delivered from within existing resources.</p> <p>The successful NHSE Wave 2 Trailblazer bid secured approximately £360,000 for Telford and Wrekin CCG to use to implement this service with the aim of it being fully implemented later in 2020 once training has been completed.</p>

		RP 16/9/19
LEGAL ISSUES	Yes	<p>The Council and NHS bodies are required to meet their statutory responsibilities under the Mental Health Act 1983 (MHA 1983) and under the revised statutory Code of Practice under the MHA 1983, which came into force on 1 April 2015.</p> <p>Section 2B of the National Health Service Act 2006 (as amended) places a duty upon local authorities to take appropriate steps to improve the health of local people in its area.</p> <p>The Public Health, NHS and Adult Social Care Outcomes Frameworks all contain outcomes in respect of the mental health and wellbeing of adults and children, which the Council and NHS bodies are required to meet.</p> <p>The HWBB has a role in co-ordinating and encouraging integrated partnership working.</p> <p>Accordingly, work undertaken by the HWBB to identify and investigate mental health and suicide prevention issues assists the Council in undertaking its statutory responsibilities.</p> <p style="text-align: center;">KF 22 September 2019</p>
EQUALITY & DIVERSITY	Yes	The strategy will aim to reduce inequalities for those experiencing mental health issues.
IMPACT ON SPECIFIC WARDS	No	Borough-wide impact
PATIENTS & PUBLIC ENGAGEMENT	Yes	The 2016-2019 mental health strategy, and local suicide prevention strategy was developed following significant engagement. A stakeholder group of volunteers, service users and third sector groups have overseen the implementation. The MH STP strategy is currently being developed by partners and includes engagement with service users.
OTHER IMPACTS, RISKS & OPPORTUNITIES	Yes	The Mental Health Strategy and Health and Improving Mental Health priority has many interdependencies with other strategies such as: Commissioning

		Strategies on drugs and alcohol, autism, dementia, Children in Care and Care Leavers. The aim is that CCG and Telford & Wrekin Council will work together to ensure that opportunities are maximised to promote emotional health and wellbeing.
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PART B) – ADDITIONAL INFORMATION

1. INFORMATION

The following report is divided into two sections-:

- Update on mental health Strategy(children and adults, and the work of the STP)
- Update on suicide prevention

Section One: Mental Health Strategy

The following describes some of the key pieces of work that are currently being addressed by commissioners and operational colleagues:

1.1 Adult Mental Health

- A mental health forum meets on a regular basis. Together they share best practice, develop new partnerships and solutions. There are over 20 organisations represented on this group. They are also consulted on key developments such as the STP.
- A new provider is now established delivering the Independent Mental Health Advocacy Service.
- A developing voluntary sector continue to offer a range of mental health support.
- Commissioners are in discussions with a number of housing providers to increase the range of accommodation available to people with poor mental health.
- The support service for adult survivors of CSE has been running for 1 year now. This builds on the 6 month pilot and the Emotional Trauma model developed by local partners. Additional counselling services have also been commissioned by the Council to improve access to counselling for survivors.
- Work to review current residential placements is ongoing, with alternative provision used wherever possible. A project focusing on domiciliary care is planned, to move towards an enablement model which focuses on building independence.
- In 2018/19 the Emotional Wellbeing service (IAPT) provided therapy to over 3800 Telford and Wrekin residents who were depressed or anxious; 62% of those in

therapy were recorded as recovered (the national target is 50%); 98% seen and commence treatment within 6 weeks and 100% seen and commence treatment within 18 weeks. The access rate has been commissioned to rise to 25% by 2020/21 which will mean nearly 5000 people being seen by the service in that year.

- The service also provides an integrated service to support individuals with physical health issues particularly those with diabetes, respiratory conditions and musculo skeletal problems. In addition the service also provides support in the DWP office and Job box.
- The Early Intervention psychosis service more than achieved its access target seeing 100% of patients in the last quarter of the year within 2 weeks. During the year over 50 patients were supported by this service to manage their first episode of psychosis
- DTOC – improved systems are in place between Health and social care to ensure delayed transfers are prevented, and where incurred, reduced. Commissioners are able to report an improved position overall in relation to DTOC, and are working to agree procedures for where MDT decision making is required.
- Work has commenced on developing an improved mental health crisis pathway. Workshops have been held with professionals, carers and service users to understand what is in place and how we could improve the system. Key themes from the work highlighted:- easy and early access to support to prevent a crisis; improved understanding of the offer of help; alternatives options for those in crisis; support for carers when someone is in a crisis and improved crisis support for children and young people.

1.2.1 Children's Mental Health

CCG and LA commissioners are working closely with the provider of the BeeU service to improve outcomes for young people. Key issues / progress to note:

- Telford and Wrekin has been accepted on to the Anna Freud programme the aim of which is to bring together education and mental health professionals so that more C&YP get the help and support they need. Shropshire is already on the programme and is already reporting positive changes in terms of the timeliness and appropriateness of referrals, as well as managing peoples understanding and expectations of services.
- In addition to this programme the CCGs, Telford and Wrekin and Shropshire LA have been successful in a bid to be part of NHSE Wave 2 Trailblazer programme to develop new Mental Health Support Teams (MHSTs) in key schools across Shropshire, MHSTs will develop models of early intervention for mild to moderate mental health and emotional wellbeing issues, such as anxiety, behavioural difficulties or friendship issues, as well as providing help to staff within a school and college setting. The teams will act as a link with local children and young people's mental health services and be supervised by NHS staff; Enhancing the

opportunity to identify and meet lower level emotional support needs and also help children and young people with more severe needs access the right support, working with schools and colleges to provide a link to specialist NHS services. By locating the mental health teams across key schools we are confident that relationships, competence and knowledge about early identification and prevention of mental health will significantly increase.

- Telford and Wrekin have exceeded the national average for the percentage of children and young people with diagnosed mental health conditions receiving treatment for their illness, 72% of children and young people with a diagnosed mental health condition receiving treatment for their illness in 2018/2019. Developing a school/education wide approach to CYP mental health, will support the earlier management and support offered to CYP experiencing emotional and mental health issues, including those with neurodevelopmental problems. As part of the programme of work being developed with schools, we are developing a new pathway to support the assessment and diagnosis neurodevelopmental problems to ensure that in line with best practice we offer a multidisciplinary approach, and a rate of diagnosis that is in line with the national picture.
- There is now improved system wide governance over the BeeU service (with membership from the mental health trust, both local authorities and CCGs) which reports to the Clinical Quality Reporting Meeting (CQRM).
- Additional physical health screening was carried out to improve clinical governance.
- A service communication has been shared with schools.
- A Mental Health Task Force has been established to bring together BeeU, social care, wider health partners and schools to implement new programmes of work and to support improved working relationships and outcomes for young people.

1.2.2 The Mental Health STP and Local Transformation Plan (LTP) for Children

The mental health STP group is developing its strategy which focuses on prevention, resilient communities, care and support and crisis. The groups membership includes the 2 LA's, 2 CCG's, and is chaired by Midlands Foundation Partnership Trust.

The Children's LTP is also in development. A workshop is planned for mid-October to enable partners to develop the action plan.

Section Two: Suicide Prevention Update

1.3 Suicide Prevention Update

The Telford & Wrekin Suicide Prevention Action Group is a proactive multi-agency partnership with a membership of 40 people. Progress delivered by the group includes:

- Annual networking events held for the past 3 years, which have been very well attended. In 2018, 163 people attended the joint event. This year, the event is planned for February 2020 to coincide with the national Time to Talk campaign.
- Health Education England funding secured for face-to-face suicide prevention training and 120 frontline staff were trained by May 2019.
- “Save a life” Zero Suicide online training, which was well taken up and acknowledged as an excellent resource:
<https://healthytelford.com/2018/10/09/course-saved-life/>
- Suicide Intervention Policy for schools. Samaritans are increasing their work with schools and were part of Crucial Crew this year.
- Development of an information sharing protocol for utilisation within the action groups.
- Police are sharing hotspot data so Samaritans can target signage, which is clearly having a local impact.
- Key priorities currently being worked on are: developing work on self-harm in young people, real time surveillance to provide better in-depth learning, and Z card for frontline practitioners, which has been designed by young people.
- Beginning to develop Real Time Surveillance in order to:
 - Target appropriate early support for those bereaved by a suicide death given the higher risk of suicide and greater likelihood of dropping out of work or education in those affected.
 - Develop trend profiles of hot spot areas, clusters and demographics to support action planning, coordination and targeting of prevention.
 - Build strong links between Police, Public Health, the NHS and the Coroner to enable better use of shared intelligence and resources.
- On 8th September 2019, as part of World Suicide Prevention Day, the Council and partners held an awareness raising event in Southwater Square. The event and associated publicity and social media activity acknowledged the number of men who take their lives each week in the UK, as 84 men gathered for an 84 second silence as poignant recognition of the issue.
[It's okay for men not to be ok](#)
[Why we need to end the stigma around male suicide](#)

2. IMPACT ASSESSMENT – ADDITIONAL INFORMATION

None

3. PREVIOUS MINUTES

September 2019, Health and Wellbeing Board.

4. BACKGROUND PAPERS

None

Report prepared by

Steph Wain, Group Specialist Commissioner, Telford & Wrekin Council

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